

1 Maximum Permissible Exposure

1.1 Maximum Permissible Exposure

1.1.1 Limit of Maximum Permissible Exposure

Limits for Occupational / Controlled Exposure				
Frequency Range (MHz)	Electric Field Strength (E) (V/m)	Magnetic Field Strength (H) (A/m)	Power Density (S) (mW/ cm ²)	Averaging Time E ² , H ² or S (minutes)
0.3-3.0	614	1.63	(100)*	6
3.0-30	1842 / f	4.89 / f	(900 / f)*	6
30-300	61.4	0.163	1.0	6
300-1500			F/300	6
1500-100,000			5	6
Limits for General Population / Uncontrolled Exposure				
Frequency Range (MHz)	Electric Field Strength (E) (V/m)	Magnetic Field Strength (H) (A/m)	Power Density (S) (mW/ cm ²)	Averaging Time E ² , H ² or S (minutes)
0.3-1.34	614	1.63	(100)*	30
1.34-30	824/f	2.19/f	(180/f)*	30
30-300	27.5	0.073	0.2	30
300-1500			F/1500	30
1500-100,000			1.0	30
Note 1: f = frequency in MHz ; *Plane-wave equivalent power density Note 2: For the applicable limit, see FCC 1.1310				

RF Field Strength Limits for Controlled Use Devices (Controlled Environment)				
Frequency Range (MHz)	Electric Field (V/m rms)	Magnetic Field (A/m rms)	Power Density (W/m ²)	Averaging Time (minutes)
0.003-1	600	4.9	-	6
1-10	600/ <i>f</i>	4.9/ <i>f</i>	-	6
10-30	60	4.9/ <i>f</i>	-	6
30-300	60	0.163	10*	6
300-1500	3.54 <i>f</i> 0.5	0.0094 <i>f</i> 0.5	<i>f</i> /30	6
1500-15000	137	0.364	50	6
15000-150000	137	0.364	50	616000/ <i>f</i> 1.2
150000-300000	0.354 <i>f</i> 0.5	9.4 x 10 ⁻⁴ <i>f</i> 0.5	3.33 x 10 ⁻⁴ <i>f</i>	616000/ <i>f</i> 1.2
RF Field Strength Limits for Devices Used by the General Public (Uncontrolled Environment)				
Frequency Range (MHz)	Electric Field (V/m rms)	Magnetic Field (A/m rms)	Power Density (W/m ²)	Averaging Time (minutes)
0.003-1	280	2.19	-	6
1-10	280/ <i>f</i>	2.19/ <i>f</i>	-	6
10-30	28	2.19/ <i>f</i>	-	6
30-300	28	0.073	2*	6
300-1500	1.585 <i>f</i> ^{0.5}	0.0042 <i>f</i> ^{0.5}	<i>f</i> /150	6
1500-15000	61.4	0.163	10	6
15000-150000	61.4	0.163	10	616000/ <i>f</i> ^{1.2}
150000-300000	0.158 <i>f</i> ^{0.5}	4.21 x 10 ⁻⁴ <i>f</i> ^{0.5}	6.67 x 10 ⁻⁵ <i>f</i>	616000/ <i>f</i> ^{1.2}
Note 1: <i>f</i> is frequency in MHz.				
Note 2: For the applicable limit, see IC RSS-102				

1.1.2 MPE Calculation Method

$$E \text{ (V/m)} = \frac{\sqrt{30 \times P \times G}}{d}$$

E = Electric field (V/m)

G = EUT Antenna numeric gain (numeric)

The formula can be changed to

$$Pd = \frac{30 \times P \times G}{377 \times d^2}$$

$$\text{Power Density: } Pd \text{ (W/m}^2\text{)} = \frac{E^2}{377}$$

P = RF output power (W)

d = Separation distance between radiator and human body (m)

1.1.3 Result of Maximum Permissible Exposure

RF General Information					
Frequency Range (MHz)	Bluetooth Version	Ch. Frequency (MHz)	Channel Number	RF Output Power (dBm)	Co-location
2400-2483.5	v4.0 LE	2402-2480	0-39 [40]	2.55	N/A

Maximum Permissible Exposure Result				
Exposure Environment	General Population / Uncontrolled Exposure			
Separation Distance (cm)	20			
Modulation Mode	RF Output Power (dBm)	Gain (dBi)	EIRP Power	PD (S) (mW/cm ²)
LE-1Mbps	2.55	2.0	4.55	0.00567
Maximum Permissible Exposure Limit (mW/cm²)				1